

Job Title: Targeted Mental Health Outreach workers	Role Profile Number: SO00016
Grade: M	Date Prepared: August 2015
Directorate/Group: Delivery Children s	Reporting to: TaMHS Professional Lead
Structure Chart attached:	No

Job Purpose

- To provide consultation as required to other workers around mental health issues in children and young people in schools, universal settings, etc.
- To manage a caseload of children and young people delivering core and traded services
- To offer targeted interventions such as CBT, Solution-focussed work to children and young people
- To work as the named Practitioner for TaMHS in schools and other settings and to deliver TaMHS Traded Services
- To enhance emotional well-being and to promote and build resilience in children and young people

Key Accountabilities

- To prioritise and manage a defined caseload of children and young people from the SPA and TaMHS traded service
- To be responsible for the delivery of the TaMHS traded service into schools, etc.
- To deliver targeted evidenced based interventions to Children and Young people
- To assess and identify appropriate therapeutic interventions for Children and young people
- To work as part of the SPA assessment clinic team
- To deliver evidenced based group work
- To measure outcomes for all interventions
- To input into Capita One to record case notes and collect data
- To work with other professionals and to contribute to Early Help Records & Plans and Education and Health Care Plan
- To work as the Lead Professional for Children and Young people
- To produce accurate records, reports and observations as required following service standards
- To refer on to other appropriate specialist agencies or to signpost on when appropriate
- To liaise closely with other professionals GPs, Paediatricians, Specialist CaMHS and voluntary agencies
- To deliver training to colleagues and to a range of universal settings, school staff, etc.
- To deliver parenting programmes, e.g. Family Links

- To encourage and support parents in contributing to their children's development and improving their outcomes
- Gather evidence for CQC and Ofsted
- To keep up to date with practice developments, and to contribute to the good practice folders
- To work with the other team members and the Professional Lead for TAMHS to ensure co-ordinated and consistent standards across all teams
- To deliver the nurture group forum, providing advice, guidance and supervision to school staff
- To be aware of Swindon Borough Policies and procedures and to work within them
- To attend and participate in training, supervision and the appraisal process, to ensure professional development and competence

Knowledge & Experience

- Relevant recent experience of children and young people's mental health services
- Knowledge of mental health issues relating to Children and Young Peoples emotional development
- Knowledge of local safeguarding procedures
- IT literate and experience of use of databases
- Relevant knowledge of education policy and local systems
- Relevant experience of working with children, young people and families within a multi-disciplinary setting
- Relevant experience of working within a variety of universal settings, e.g. children centres and schools
- Knowledge and experience of delivering evidence based interventions
- Experienced at using a wide range of communication skills to a high level
- Knowledge and experience of supervision policies, procedures
- Knowledge of outcome measures and tools, e.g. SDQ

Qualifications

- Recognised qualification in a relevant field, i.e. – social care, children & family work, education, health, mental health, counselling

Decision Making

- Ability to work autonomously in a community setting, making appropriate decisions
- Ability to prioritise work load and to meet deadlines
- To respect the rights of children, young people and families to be involved in the decision making process
- To be able to use initiative and take independent action
- To be able to reflect on and adjust the service delivery to meet the changing needs of individuals

Creativity and Innovation

- To approach working with others in a creative and innovative way to ensure they all contribute to the solution

- To empower all universal settings to support children and young people to develop good emotional well being
- To identify effective methods of engaging Children, Young people and Families
- To work in an empowering way with children, young people and families
- To ensure best outcomes are achieved swiftly and efficiently

<p><u>Job Scope</u></p> <p>Number and types of jobs managed N/A</p> <p>Typical tasks supervised/allocated to other N/A</p>	<p>Budget Holder</p> <p>Responsibility</p> <p>Asset Responsibility:</p>	<p>No</p> <p>Resources and IT equipment</p>
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Contacts and Relationships

To liaise closely with a wide range of people: families, schools, early years settings, children centres, colleges, hospital staff, GPs, Specialist mental health services, SBC colleagues in children and adult services and voluntary organisations

- Good verbal and non verbal communication skills
- The ability to build effective therapeutic relationships with Children, Young people and their families

Other Key Features of the role

- Covers a wide range of settings and homes across SBC
- Deals with complex and challenging communication
- Deals with emotionally charged situations including physical and verbal aggression

Employee Signature:	Print Name:
Date:	
Line Managers Signature:	Print Name:
Date:	