

Job Title: Clinical Mental Health Practitioner	Role Profile Number: PCDH51
Grade: Q	Date Prepared: August 2019
Directorate/Group: Children's Services	Reporting to: Named Nurse for Children Looked after
Structure Chart attached:	No

Job Purpose

- The post holder will be providing evidenced based low intensity interventions to Children Looked after and Care Leavers with emerging mental health problems, primarily anxiety, low mood and deliberate self-harm.
- The post holder will be responsible for providing and coordinating support and advice to foster carers and staff via individual and group activities.
- The post holder will support Swindon Borough Council's SDQ and CRIES 8 Panel and be a key link with the Great Western Hospital, CAMHS, GP's, Schools, Children and Family Service and other key organisations in the public and voluntary sector.

Key Accountabilities

- To assess risk and advise on appropriate referrals to CAMHS in Swindon and out of borough.
- To direct children and their carers, to the most appropriate service and support in order to meet their emotional needs.
- To offer a variety of specialist brief evidenced based and low intensity therapeutic interventions to children and young people.
- To provide formal and informal training and education to all agencies involved with the emotional health of Children looked after and Care leavers.
- To evaluate the outcomes for children and work in partnership with colleagues to ensure effectiveness.

Supplementary Accountabilities

- To promote equality as an integral part of the role and to treat everyone with fairness and dignity.
- To recognise health and safety is a responsibility of every employee, to take reasonable care of self and

others and to comply with the SBC Health and Safety policy and any service-specific procedures/rules that apply to this role.

The role is flexible and the list of main tasks and responsibilities is not exhaustive.

Knowledge & Experience

Candidates must have substantial knowledge and experience in the following areas of business and will be required to provide evidence of this:

Essential:

- Specialist knowledge of child and adolescent mental health.
- Knowledge and understanding of NICE guidance around evidenced based practice in mental health.
- Demonstrate knowledge and skills to safeguard and protect children and young people's welfare.
- Able to recognise and assess children and young people with a wide range of clinical and behavioural presentations.
- Able to deliver effective evidenced based interventions to Children Looked after and Care Leavers.
- Able to develop and deliver psycho-educational workshops to Children Looked after, Care Leavers, families and other professionals where appropriate.
- Knowledge of the specific needs of children looked after and care leavers regarding mental health and emotional wellbeing.
- Able to use Microsoft Office (word and excel) to an intermediate level (e.g. able to use most of the systems functions without assistance).
- Good organisation and prioritisation skills
- Ability to work under pressure and to deadlines.
- Tact, diplomacy, confidentiality and sensitivity.
- Friendly and approachable manner with service users and other professionals.
- Driven, self-motivated and seeking opportunity to be part of and grow within a new and innovative approach to supporting children and young people's emotional health.

Desirable:

- Knowledge of solution focused problem solving, cognitive behavioural techniques and/or psychodynamically informed practice.
- Understanding of restorative practices, resilience and strength building approaches.
- Knowledge of effective tools for analysing outcome measures.
- Knowledge of public, private and voluntary emotional health services
- Knowledge of legislation for Children looked after and Care leavers

Qualifications

- Masters level qualification or equivalent experience and postgraduate training in a relevant mental health therapeutic and accredited area.
- Registered with an approved professional body e.g. Health and Care Professionals Council, British Association of Child Psychotherapists or Nursing and Midwifery Council.
- Other approved continued professional development and training relevant to mental health assessment and intervention (e.g. CYP IAPT).

Decision Making

- In partnership with the children's teams, the fostering teams and other key agencies contribute to care planning including treatment plans, placement matching, transitions and support and safety plans.

Creativity and Innovation

- Contribute to the further development of the Children Looked after Health Team.

<u>Job Scope</u>	Budget Holder Responsibility	No
Number and types of jobs managed <ul style="list-style-type: none">• N/a		.
Typical tasks supervised/allocated to others <ul style="list-style-type: none">• N/a	Asset Responsibility:	No

Contacts and Relationships

- Liaising with internal and external partners to agree care plans including attending and chairing meetings
- Providing Consultation sessions to Social workers, other professional agencies and CLA Health Team staff.
- Visiting children and carers in their homes, school or a clinic environment.
- Working with other local authorities and providers to build professional networks and opportunities for collaboration
- Attending screening meetings with internal and external partners
- Attend team meetings

Other Key Features of the role

(working environment / emotional / conditions i.e. regular outside work, unpleasant or hazardous conditions, practical demands such as standing, carrying or working in constrained positions, potential verbal abuse and aggression from people, or risk of injury).

The post holder may be required to visit other services in Swindon in order to establish and maintain working relationships.

Employee Signature:	Print Name:
Date:	
Line Managers Signature:	Print Name::
Date:	