

Job Title: Targeted Mental Health Outreach workers	Role Profile Number: SO00016
Grade: M	Date Prepared: August 2015
Directorate/Group: Delivery Children s	Reporting to: TaMHS Professional Lead
Structure Chart attached:	No

Job Purpose

- To provide consultation as required to other workers around mental health issues in children and young people in schools, universal settings etc
- To manage a caseload of children and young people delivering core and traded services
- To offer targeted interventions such as CBT, Solution-focussed work to children and young people
- To work as the named Practitioner for TaMHS in schools and other settings and to deliver TaMHS Traded Services
- To enhance emotional well-being and to promote and build resilience in children and young people

Key Accountabilities

- To prioritise and manage a defined caseload of children and young people from the SPA??? and TaMHS traded service.
- To be responsible for the delivery of the TaMHS traded service into schools etc
- To deliver targeted evidenced based interventions to Children and Young people.
- To assess and identify appropriate therapeutic interventions for Children and young people
- To work as part of the SPA assessment clinic team
- To deliver evidenced based group work
- To measure outcomes for all interventions
- To input into Capita One to record case notes and collect data
- To work with other professionals and to contribute to Early Help Records & Plans and Education and Health Care Plan
- To work as the Lead Professional for Children and Young people
- To produce accurate records, reports and observations as required following service standards

- To refer on to other appropriate specialist agencies or to signpost on when appropriate
- To liaise closely with other professionals GPs, Paediatricians, Specialist CaMHS and voluntary agencies.
- To deliver training to colleagues and to a range of universal settings, school staff etc
- To deliver parenting programmes, eg : Family Links
- To encourage and support parents in contributing to their childrens development and improving their outcomes
- Gather evidence for CQC and Ofsted
- To keep up to date with practice developments, and to contribute to the good practice folders.
- To work with the other team members and the Professional Lead for TAMHS to ensure co-ordinated and consistent standards across all teams
- To deliver the nurture group forum, providing advice, guidance and supervision to school staff
- To be aware of Swindon Borough Policies and procedures and to work within them
- To attend and participate in training, supervision and the appraisal process, to ensure professional development and competence.

Knowledge & Experience

Candidates must have substantial knowledge and experience in the following areas of business and will be required to provide evidence of this:

- Relevant recent experience of children and young people's mental health services
- Knowledge of mental health issues relating to Children and Young Peoples emotional development
- Knowledge of local safeguarding procedures
- IT literate and experience of use of databases
- Relevant knowledge of education policy and local systems
- Relevant experience of working with children, young people and families within a multi-disciplinary setting
- Relevant experience of working within a variety of universal settings e.g. children centres and schools
- Knowledge and experience of delivering evidence based interventions
- Experienced at using a wide range of communication skills to a high level
- Knowledge and experience of supervision policies, procedures
- Knowledge of outcome measures and tools, eg SDQ

Qualifications

- Recognised qualification in a relevant field, ie – social care, children & family work, education, health, mental health, counselling

Decision Making

- Ability to work autonomously in a community setting, making appropriate decisions
- Ability to prioritise work load and to meet deadlines
- To respect the rights of children, young people and families to be involved in the decision making process
- To be able to use initiative and take independent action
- To be able to reflect on and adjust the service delivery to meet the changing needs of individuals

Creativity and Innovation

- To approach working with others in a creative and innovative way to ensure they all contribute to the solution
- To empower all universal settings to support children and young people to develop good emotional well being
- To identify effective methods of engaging Children, Young people and Families
- To work in an empowering way with children, young people and families
- To ensure best outcomes are achieved swiftly and efficiently

<u>Job Scope</u>	Budget Holder	No
Number and types of jobs managed N/A	Responsibility	.
Typical tasks supervised/allocated to other N/A	Asset Responsibility:	Resources and IT equipment

Contacts and Relationships

To liaise closely with a wide range of people: families, schools, early years settings, children centres, colleges, hospital staff, GPs, Specialist mental health services, SBC colleagues in children and adult services and voluntary organisations

- Good verbal and non verbal communication skills
- The ability to build effective therapeutic relationships with Children, Young people and their families

Values and Behaviours

We strive to underpin our culture of being 'At our Best' through strong management and authentic leadership. This means getting the management basics right. We own and demonstrate accountability, both individually and collectively, and aim to get things right first time. Building on this we also expect everyone at

SBC to demonstrate and live our organisational values and behaviours, by displaying:

- Accountability at all levels
- Customer care and pride in what we do
- Continuous learning and evaluation
- Valuing one another and the contribution each of us makes

Other Key Features of the role

- Covers a wide range of settings and homes across SBC
- Deals with complex and challenging communication
- Deals with emotionally charged situations including physical and verbal aggression

Employee Signature:	Print Name:
Date:	
Line Managers Signature:	Print Name::
Date:	